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# Adolescents' Anger Management Art Therapy Module



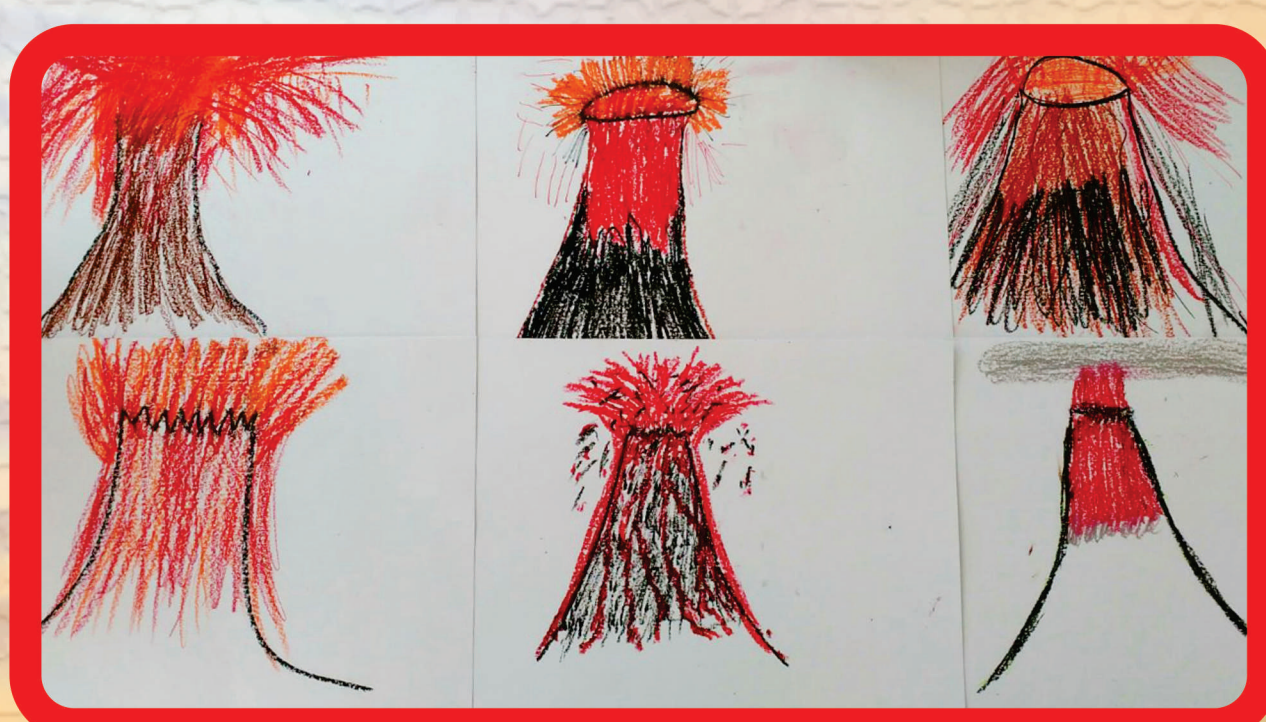
## Introduction

- Adolescents' Anger Management Art Therapy Module is a creative and practical module to help adolescent manage their anger.



## Problem Statement

- Uncontrolled anger can be harmful, which leads to many disciplinary & criminal cases.
- Statistic of school violence & malfunction behaviour (bully, crime, destructive behaviour) have shown disturbing patterns.
- Signs of anger can easily be identified among those that express overtly however difficult to identify among those that repressed (passive anger).
- Creative & theoretical base intervention modules need to be introduced, to manage anger in a more healthy way.



## Inventiveness and Novelty

- The first anger creative art therapy module in Malaysia.
- Simple designs consisting eight sessions.
- High validity (82.3%) & reliability (.96)



## Intellectual Property Status

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## Usefulness and Application

- Hands-on intervention – manage anger in practical & simple ways.
- Comprehensive and flexible with creative activities.
- Self-explanatory process and procedures to educate anger issues.
- Creates holistic personal development through psychoeducation.



## Status of Invention

- Complete module ready to use and ready for TOT.

## Commercial Potential

- Training and CPD for counselors with minimum fees per individual (RM350) per package. Networking with Malaysian Board of Counsellors.

## Potential Partners

- Malaysian Board of Counsellors, Hospital, Social Welfare Department, Ministry of Education and helping profession sectors.

## Knowledge Management

- Financial support by RUI (1001/PGURU/816226).
- Outputs: academic publication.

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